



MEDICATION DECLARATION FORM INFORMATION SHEET

The IOC and FINA have determined that some medication may confer an unfair competitive advantage and have issued a list of those drugs and other agents that are banned in competitors. Some agents on this banned list may be used for specific medical conditions and, in some instances, the drug is the only one which is effective.

You are invited to declare all medication that you are taking, whether prescribed by a Doctor or purchased from a pharmacy or other retail outlet. Medication includes supplements such as Vitamins, Creatine and Echinacea along with anything that you may apply to your skin or agents such as eye drops, ear drops, nasal sprays and inhalers.

If the list that you provide contains any drugs that are recognised as being banned, you will be informed of this fact. If you believe that you should be allowed to continue using the medication, you will be asked to obtain a letter from your treating Consultant which confirms the diagnosis and the fact that no other drug is effective in your particular condition. Examples of conditions and the only effective medication that may be allowed are given below. Please note that there is no guarantee that exemption will be granted by the ASFGB or FINA to allow you to take medication that is on the banned list.

Condition	<u>Drug</u>
Asthma	Salbutamol or Becotide by inhalation
Diabetes Mellitus	Insulin
Growth disorder	Growth Hormone
Hormonal deficiency of the <u>pituitary</u> gland or adrenal gland	Glucocorticoids and/or Androgenic steroids
Musculo-skeletal disorders	Peri-articular or systemic steroids
Attention Deficit Hyperactivity Disorder	Ritalin or other stimulants
Renal Failure	Ethacrynic acid

This list is not exhaustive and you are advised to declare all conditions and medication or supplements that you are taking. Copies of the ASFGB Doping Control Rules are available on request from ASA Membership Services.