

Dorking Swimming Club Squad Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Minnows						Dorking 8 - 8:30am 8:30 - 9am	
Shrimps				Dorking 6 - 6:30pm			
Penguins				Dorking 6 - 6:30pm		Dorking 9 - 10am	
Junior 1	The Priory 4:30 - 5:30pm			Dorking 6:30 - 7pm		Dorking 8 - 9am	
Junior 2	The Priory 5:30 - 7pm	Dorking Land Training 5 - 5:55pm		Dorking 7 - 7:45pm	The Priory 5:30 - 7pm	Dorking 8 - 9am	
Competitive Development	The Priory 7 - 9pm	St. Teresa's 6:30 - 8:30pm		Dorking 6:30 - 7:10pm LT 7:45 - 8:30pm		Dorking 9 - 10am	
Excel	CLFS 6:45 - 8:45pm	CLFS 6:45 - 8:45pm		Dorking 6:30 - 7:10pm LT 7:45 - 8:30pm	Dorking 7 - 8:30pm	St. Teresa's 7:30 - 9:30am	
Intermediate		St. Teresa's 6:30 - 8:30pm	The Priory 6:30 - 8:30pm	Dorking 7:10 - 7:55pm LT 8:30 - 9:30pm		Dorking 9 - 10am	
Teenswim			Dorking 8 - 9pm				
Performance	CLFS 6:45 - 8:45pm	CLFS 6:45 - 8:45pm	The Priory 6:30 - 8:30pm	Dorking 7:10 - 7:55pm LT 8:30 - 9:30pm	Dorking 7 - 8:30pm	St. Teresa's 7:30 - 9:30am	
Masters	Downsend School 9 - 10pm		Dorking 9 - 10:30pm	Dorking 8:30 - 9:30pm	The Priory 7 - 8:30pm		

Note: No swimming on Bank Holidays

LT = Land Training

v1 15/05/18